



**Town of Arlington
Office of the Town Manager**

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Good evening,

This is Arlington Town Manager, Adam Chapdelaine with an important update, and request, to help reduce the spread of the Coronavirus.

I'm calling to urgently ask, that regardless of your age, to stay at home and away from non-family contacts, stop congregating outside, and only run essential errands at this time. Such as getting groceries and medicines.

We currently have 7 positive cases in Arlington but due to the lack of testing we do not believe this number appropriately represents the true number of residents that currently have the virus and may have mild symptoms.

It is critical that we work together as the caring community that we are and follow these important steps to prevent widespread illness in Arlington.

We will continue to monitor and plan for this growing crisis. We have compiled resources to help at this difficult time, including mental health and well being resources and information on how you can help. You can find this information, as well as how to receive daily updates via email on the Town's website.

Thank you to the many residents and businesses who have been following the public health directives and guidelines since the crisis began.

It's time we be aware that our actions have consequences. What we do today, will have a dramatic impact on new cases we see next week and into the future. Taking action now is doing our part to slow the spread of the virus, reduce the number of people infected, and to avoid overwhelming our health care system.